



New Community Opportunities Center at ILRU Presents...

Creating and Operating Services to Support Youth in Transitioning to Adult Health Care

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Presenter:

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Metropolitan Center for Independent Living



MCIL: Transition to Adult Health Care Staffing

- 2 Core IL Staff
- 2 Personal Assistance Staff (PAS)
- 1 Systems Advocate



MCIL: Transition to Adult Health Care Funding

- Core services budget
- PAS budget (approximately \$3 m/year)



MCIL: Transition to Adult Health Care on the Policy Level

- Participate with other disability focused organizations to promote public policy that supports the needs and wants of people with disabilities
- CCD: The Coalition for Citizens with Disabilities.
- Benefit: Ensures a youth perspective is included in discussions leading to policy decisions.
- Participating with MN Dept of Human Services on the development of Youth in Transition Curriculum.

MCIL: Other Transition to Adult Health Care Services



- Referral to the Disability Benefits 101 (DB 101) online resource to identify and secure appropriate adult benefits; modules for youth in transition workers to use to teach kids about work and benefits.
- One-on-one assistance on how to manage PCA services, for ages 18 and older.
- Personal Advocacy to support health care needs.



MCIL: Other Transition to Adult Health Care Services, cont'd.

- PCA Choice to assist individuals to direct their own health care services.
- Provide advocacy supports to youth and their families as they make choices regarding the transition from youth to adult services.

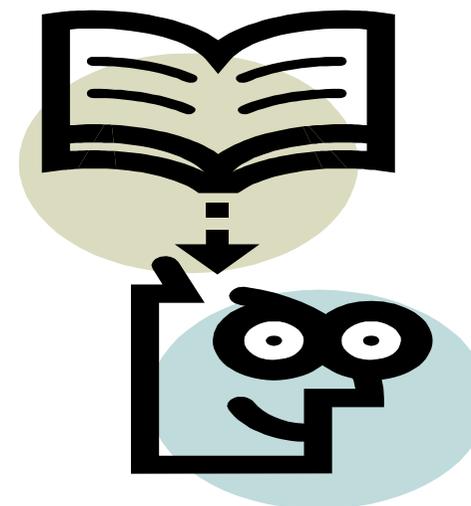
Other MCIL Resource

- MCIL manages the Disability Linkage Line, a one-stop call center for questions that are disability or chronic illness related.
 - Serves all ages and demographics.
 - Approximately 4% are youth under 18.



Use of “Living Well with a Disability” Curriculum

- Setting Goals
- Problem Solving
- Healthy Reactions
- Healthy Communications
- Beating the Blues
- Seeking Information



Use of “Living Well with a Disability” Curriculum, cont’d.

- Physical Activity
- Eating Well
- Advocacy



Contact Information

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Purpose of the Project

This program is part of a series of trainings and other activities provided to the IL field by the New Community Opportunities Center at ILRU. The project's purpose is to assist CILs in developing self-sustaining programs that support community alternatives to institutionalization for individuals of any age, and youth transition from school to post-secondary education, employment, and community living.

New Community Opportunities Attribution

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