

We create opportunities for independence for people with disabilities through research, education, and consultation



Independent Living Research Utilization

www.ilru.org

IL-NET

CIL-NET · SILC-NET

Know Your Resources— Orientation to the IL-NET and CIL-NET.org and SILC-NET.org

January 10, 2018

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Evaluation Survey & Presenter Contact Information

Your feedback on this webinar is important to us. At the end of the presentation you will have the opportunity to complete a brief evaluation survey.

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What You Will Learn...

- Overview of the IL-NET project—history, funding, partners, and roles.
- Overview of the layout and navigation of the ILRU website.
- The wide array of training, resources, programs and services available to CILs, SILCs, DSEs, consumers, and other stakeholders
- Information regarding IL-NET's national peer-to-peer mentoring program and technical and intensive support opportunities

Overview of IL-NET

Darrell Lynn Jones, ILRU

How IL-NET is Funded

- Authorized by the Rehabilitation Act, as amended by the Workforce Innovation and Opportunity Act, the IL National Training and Technical Assistance Centers are funded by the Administration for Community Living (ACL).
- IL training and TA has two parts: CIL-NET for centers for independent living and SILC-NET for statewide independent living councils.

IL-NET Partnership

- The project is operated by four partner organizations:
 - Independent Living Research Utilization (ILRU) – <http://www.ilru.org>
 - National Council on Independent Living (NCIL) – <http://www.ncil.org>
 - Association of Programs for Rural Independent Living (APRIL) – <http://www.april-rural.org>
 - Utah State University Center for Persons with Disabilities (USU – CPD) – <http://www.cpdusu.org>

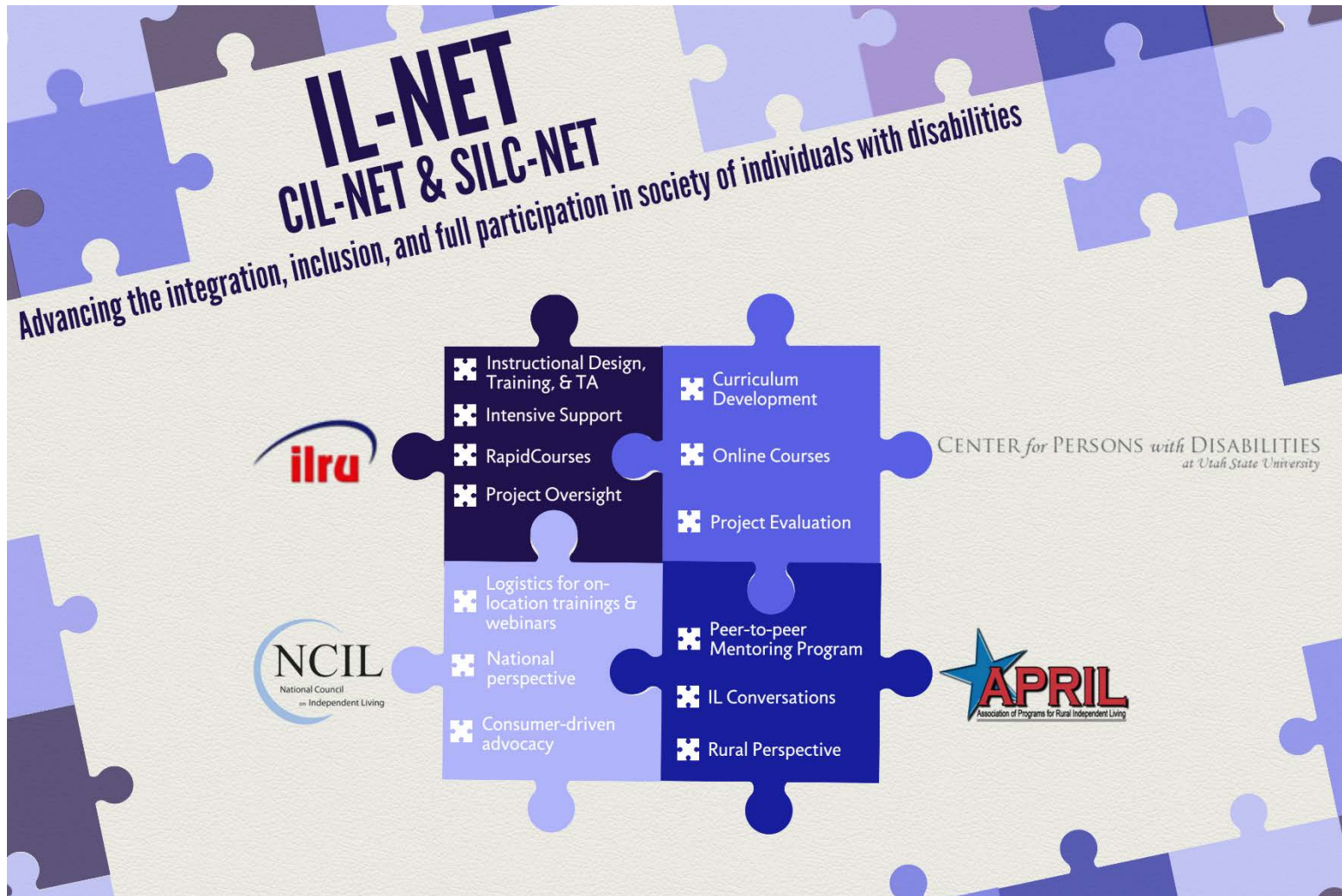
A Little IL-NET History & Scope

- The training and technical assistance project for CILs and SILCs have been in operation (in one form or another) for over 20 years.
- The partnership has been an evolving process with each organization capitalizing on its strengths.
- The partners have the national perspective needed as well as depth of understanding and commitment to IL philosophy.
- IL-NET offers a cafeteria-style range of services so that CILs and SILCs can choose what works best for their educational needs and interests, staff and boards' schedules, and organization budgets.

CIL-NET and SILC-NET include

- On-location training
- Online instructor-led courses
- Webinars & teleconferences
- Self-study Web-based tutorials (RapidCourses)
- Training manuals, sample CIL/SILC policies/procedures/forms, and other resource materials
- On-demand videos/archives of past on-location trainings and webinars/teleconferences
- CIL-to-CIL and SILC-to-SILC peer mentoring
- Intensive support (individualized or statewide IL network training/TA)
- Peer technical assistance telephone groups
- Electronic newsletters, blogs, and social media postings
- Learning collaboratives – cohorts of CILs working together over time on a specific objective.

IL-NET: How the Pieces Fit Together



Independent Living Research Utilization (ILRU) Overview

- A program of TIRR Memorial Hermann in Houston, ILRU was founded in 1977 as a national program of research, training, and technical assistance to support self-direction and community living for persons with disabilities.
- ILRU projects include:
 - CIL-NET
 - SILC-NET
 - Southwest ADA Center
 - ADA Participation Action Research Consortium (ADA-PARC)
 - Collaborative on Health Reform and Independent Living (CHRIL)

ILRU's Role in the IL-NET

ILRU:

- Is the federal grantee.
- Conducts or oversees the instructional design (learning objectives and content) of all training.
- Conducts intensive support for CILs and SILCs.
- Develops and publishes training manuals, PowerPoint presentations, handouts, and other training materials.
- Provides individualized technical assistance.
- Develops and manages the RapidCourses tutorials.
- Operates the project website at ILRU.org.
- Oversees the project.

Introduction to ILRU.ORG, CIL-NET for CILs, SILC-NET for SILCs, On-Demand Training, and RapidCourses

Carol Eubanks, ILRU



We create opportunities for independence for people with disabilities through research, education, and consultation.



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- [About ILRU](#)
- [Projects](#)
- [Publications](#)
- [Resources](#)
- [Technical Assistance](#)
- [Training](#)
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Last Name *

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[Recent Training](#)

[Latest News](#)

[Job Postings](#)

Home

ILRU, founded in 1977, has a long history of providing research, education and consultation in the areas of independent living, home and community-based services, and the Americans with Disabilities Act.

Core Areas of Expertise

Centers for Independent Living (CILs)

ILRU operates the IL-NET national training and technical assistance project for CILs, **CIL-NET**

The CIL-NET project maintains the up-to-date **Directory of CILs and Associations**

Americans with Disabilities Act (ADA)

The **Southwest ADA Center** is one of ten regional ADA Centers that provide technical assistance and training on the ADA. ILRU also is a member of the **ADA Participation Action Research Consortium (ADA-PARC)**.

ILRU provides training, technical assistance, and information dissemination on a number of topics and in a variety of formats. On-location, online and on-demand trainings, Webinars and teleconferences provide timely information on a wide range of topics. Technical assistance is provided on-demand as needs are identified. Materials and resources on a wide array of topics are available for download from this website. For information on the projects led by ILRU or to which we lend our expertise, use the menu above to select a specific project. Use the topic menu on the right or the search feature above to review the range of information available on a topic or area of interest.

Statewide Independent Living Councils (SILCs)

ILRU operates the IL-NET national training and technical assistance project for SILCs, **SILC-NET**

The SILC-NET project maintains the up-to-date **Directory of SILCs**

Disaster Preparedness for People with Disabilities

The **Disability911 website** was created to provide assistance in and information on disaster preparedness for people with disabilities. Recent updates include **Hurricane Harvey Resources for People with Disabilities**.

Browse by Topic

- Assistive Technology (1)
- ▼ CIL Core Services (39)
 - IL Skills Training (2)
 - Information & Referral (3)
 - Institutional Transition & Diversion (8)
 - Peer Counseling & Peer Support (3)
 - Systems & Individual Advocacy (8)
 - Youth Transition (15)
- CIL Financial Management (10)
- ▼ CIL Management & Operations (30)
 - 704 Reporting (3)
 - Consumer Service Records (4)
 - Outcome Measures (3)
 - Public Relations & Marketing (5)
- CIL Programs & Services (13)
- Disability Law & Olmstead Implementation (7)
- Emergency Preparedness (3)
- Gathering, Analyzing, & Utilizing Data (9)
- Health and Wellness (3)
- ▼ Home and Community-based Services (9)
 - Managed Care (4)
 - Personal Assistance

- These are webpages specifically for CILs and SILCs.
- Training for CILs / SILCs
 - On-location / online courses
 - National webinars
 - Web-based tutorials – RapidCourses
 - Fact sheets and resource materials
- CIL-NET / SILC-NET Publications
 - ILRU Directory of CILs and associations / SILCs
 - Important to notify ilru@ilru.org with updates such as address/phone number, name of director
 - Training manuals (self-study and instructor-led), examples: Financial Management for CILs; Guidebook for SILC Chairpersons, Members, and Administrators.

CIL-NET.org & SILC-NET.org, cont'd.

- Reports of IL-NET surveys and other publications
- Technical Assistance – more on this later

Training: On-Demand, On-Location, and RapidCourses



- On-Demand Training – Offers many previous on-location trainings that can be viewed as video recordings
 - Recent example from August 2017 in Atlanta, GA: *Community Integration: A Holistic Approach to the New Core Services for Transition & Diversion*
(<http://www.ilru.org/training/community-integration-holistic-approach-new-core-services-for-transition-diversion>)
- On-Location Training – 2.5 day intensive on-location training that provides opportunities for you to learn from experts in the field and interact with others with similar interests. Trainings are held in major cities around the U.S.
- RapidCourses are self-paced, web-based tutorials, fully accessible, and available 24/7. Free of charge but require registration. Course catalogs include Foundations of IL, State Plan for IL, Consumer Service Records, CIL Boards of Directors, and CIL Core Services.

Overview of Online Courses

Alma Burgess, USU-CPD

Utah State University – Center for Persons with Disabilities (USU- CPD) Overview



- The CPD is Utah's Center for Excellence in Developmental Disabilities at Utah State University.
- CPD has over 70 projects providing research, education, demonstration services, and technical assistance to improve the lives of people with disabilities and their families.

USU-CPD's Role in the IL-NET

- Assists with curriculum and publications development.
- Conducts evaluation of the project.
- Schedules, manages, and hosts online courses.
 - Courses are generally 3 weeks in length
- Provides technical assistance for the learning platform.

Online Courses

- January to September - 2018
- Five classes for CILs and one for SILCs
- Provide orientation prior to first day of class
- Ongoing technical assistance during the class

Courses targeted for CILs in 2018

- An Introduction to Consumer Service Records, Independent Living Plans, and Service Coordination for CILs
- Getting on Board: Training for Boards of Directors in Independent Living
- Financial Management for CILs
- Orientation to Independent Living for New CIL Personnel
- Assessing Risk & Diverting Institutional Placement – New!!

Course targeted for SILCs in 2018

- More than a Motto: SILC Member Orientation to IL History and Philosophy

To Locate/Register for an Online Class

- <http://www.ilru.org/>
- Two popular ways to locate online classes
 1. Open Upcoming Training – located on left side of homepage for list of current offeringsor
 2. Click Training tab in navigation at the top, then open Online Training for list of current offerings

Example

- Under Upcoming Training, select *“An Introduction to Consumer Service Records, Independent Living Plans, and Service Coordination for CILs”* 1/29/18-2/16/18
- Opens page with details such as course start/end, registration fee, orientation dates, course description, objectives, format, instructors
- At bottom of the page, there are three links:
 1. Additional information for taking an online course
 2. Online registration form
 3. Shopping cart to complete your registration

After Registration is Complete

- You will receive confirmation that you are registered for the class.
- More information and materials will be sent after the registration deadline.
- After the registration deadline, an email with information about Canvas, the learning platform, and the orientations will be sent.

Before the First Day of Class

- Conduct orientation either Wednesday or Thursday the week prior to first day of class.
- Provide technical support via email or phone and during class.

Questions & Answers

Overview of On-Location Training, Webinars, and Teleconferences

Tim Fuchs, NCIL

National Council on Independent Living (NCIL) Overview



- Founded in 1982, NCIL is the longest-running national cross-disability, grassroots organization run by and for people with disabilities.
- National Association of CILs and SILCs located in Washington, DC.
- IL-NET partner since the project began in 1994.
- IL-NET is a key piece of NCIL's training & technical assistance activities for CILs and SILCs.

NCIL's Role in the IL-NET Project

- On-location Trainings
- Teleconferences & Webinars
- Learning Collaboratives
- Technical Assistance

On-Location Trainings Overview

- IL-NET offers a number of on-location learning opportunities each year.
- Most of our on-location trainings are 2 ½ day training programs with 40-120 people.
- We also offer workshops and other presentations at IL conferences, like NCIL, APRIL, and SILC Congress.
- Many of our on-location trainings are recorded. Presentation materials, including captioned videos, manuals, and handouts are posted at ILRU.org.

On-Location Training Topics

- On-location trainings have covered all sorts of issues related to CIL and SILC programs and operations:
 - Financial Management, Advocacy & Organizing, Leadership Development, Technology & Social Media, Nursing Home Transition, Core Services, Marketing, Outcome Measures, and much, much more.
- For 2018, we will be offering a conference-style event on the core services and seamless service delivery. That event is scheduled to be held in Phoenix this coming May. Registration will open in early 2018.

Teleconferences & Webinars

- NCIL organizes 12+ IL-NET teleconferences and webinars each year.
- These are 90 minutes presentations designed to introduce you to a topic or delve into a specific aspect of CIL or SILC programs or operations.
- Our teleconferences & webinars are a cost-effective way to access training.
- All of our teleconferences & webinars are archived online, including training materials.

Teleconference & Webinar Topics

- IL-NET has offered hundreds of teleconferences & webinars over the years. The topics cover a staggering variety of issues related to CILs and SILCs.
- Tentative 2018 CIL topics include the new core services of youth transition, transition, and diversion; systems advocacy; guardianship; ACL reporting and compliance; and intersectionality (disability & diversity).
- Tentative 2018 SILC topics include HHS grantee administrative requirements, needs assessment, the new SPIL instrument and instructions, SILC collaboration with CILs and DSEs, and the SILC standards and indicators.

Learning Collaboratives

- IL-NET will offer a single learning collaborative each year.
- These learning collaboratives are new; an exciting way to gain in-depth support and knowledge on an activity.
- You can apply to join a collaborative.
- Participants will spend several months learning from the presenters and each other. Most of the training will be virtual, but participants will travel to the presenters' CIL during the year to experience their program(s) firsthand.
- In 2018, IL-NET's learning collaborative will focus on youth transition programs.

Overview of Peer Mentoring Programs and IL Conversations

Mary Olson-Willard, APRIL

Association of Programs for Rural Independent Living (APRIL) Overview

- A national grass roots, consumer controlled, nonprofit membership organization.
- Founded in 1986.
- Focusing on rural independent living.
- Simple rural definition is lack of access to resources.
- Even if you don't think you serve rural, all CILs and SILCs can access IL-NET services APRIL administers.

APRIL's Role in the IL-NET

- Peer Mentoring Services
- IL Conversations
- Information and Referral

Peer Mentoring Services

- Built upon the IL building block of Peer Support.
- All CILs and SILCs are eligible who are not currently accessing Intensive Support services with Paula.
- Minimum six-month contract period to work on goals set by the mentee with mentor.
- Full scholarships available through IL-NET for 12 CILs, 3 SILCs, and 3 CIL Youth Mentorings.
- Fee for service opportunities available if needed.
- CILs and SILCs can access Peer Mentoring more than once for new goals.
- Most mentorings last a lifetime.
- Mentors can be chosen to fit mentee's needs.

Peer Mentoring, cont'd.

- Off-site Mentoring: the mentee travels to a mentor's Center or SILC for a two-day site visit to see programs and policies in action and complete goals.
- On-site Mentoring: the mentor travels to the mentee's site for a two-day site visit to work hands on with mentee, staff, board, and others as needed to complete goals.
- Youth: Also has off-site or on-site option, instead of working with an experienced CIL or SILC Director or Chair, mentee works with an experienced youth staff on their goals.
- Electronic: all mentorings can be carried out online if it better suits the goals or mentee's needs.

Peer Mentoring Application and Process

- Applications are available by contacting mary.olson@mso.umt.edu or the APRIL website www.april-rural.org, or through any IL-NET partner.
- Mentee sets one or two goals to work on with their mentor.
- Mentee will interview potential mentors from at least two candidates until someone who matches their goal needs, learning style, or other important qualities to the mentee are met.
- Once a mentor is selected, the mentor and mentee will begin working on their goal.
- A final Action Plan or goal report and evaluation must be completed.

IL Conversations

- A 90 minute teleconference series.
- No registration necessary - “come as you are.”
- Facilitated by expert peers in the field on the calls’ topics.
- Encourages sharing and peer support from audience on the topic.
- All topics are archived with transcripts, audio recordings, and materials for later access
<https://www.april-rural.org/index.php/il-conversations>.
- Upcoming Conversations can be located on the ILRU website and listserv or APRIL website and listserv.

Information and Referral

- Quick Technical Assistance
- APRIL is most known for our expertise and resources in youth services and transportation services however like all of us in IL, we wear many hats.
- If you have a question, give us a call or email, if one of our knowledgeable staff can't answer it, we reach out to our peer mentor network to find the answer for you.
- If a "quick question" turns into a larger topic we can set a peer mentoring goal or refer to one of our IL-NET partners.

Overview of Technical Assistance, Intensive Support, and Peer Support TA Calls

Paula McElwee, ILRU

Specific technical assistance

- Is available to CILs and SILCs, and to staff, board and leadership.
- Can be requested by phone or email.
 - Paula McElwee paulamcelwee.ilru@gmail.com
 - 559-250-3082 (Pacific time)
- Because this is grant supported, there is no charge.
- Focus is on understanding and applying the Rehabilitation Act, regulations, indicators of compliance, guidance and other specific written material related to what is required of CILs and SILCs.
- Can present to boards electronically by providing the information and answering questions.

Intensive support is also available

- When a center or SILC is found out of compliance, and is developing a Corrective Action Plan, they are provided with intensive support.
- This can be provided by phone and email, or on-site assistance and training can be provided for your CIL or SILC.
- Referrals are typically made by the DSE or the ACL Project Officer* for your state.
- On occasion we provide on-site training for the IL Network to review requirements for each of the partners together – the CILs, DSE, and SILC.

*Your state's ACL PO can be found at <http://www.ilru.org/ila-state-assignments-ila-project-officers-il-specialists>

Peer Support TA Calls

- SILCs are invited to the SILCSpeak call on the first Thursday of the month at 3:00 Eastern time.
- New Executive Directors (typically in the first two years) participate on a call on the second Monday of the month.
- Associate directors/program managers participate on a call on the second Thursday of the month.
- New call for DSEs is planned to be quarterly.
- New call for Financial Managers is also planned quarterly but the huge response has us rethinking.
- All calls are at 3:00 p.m. Eastern time.

Final Questions and Evaluation Survey

Any final questions?

Directly following the webinar, you will see a short evaluation survey to complete on your screen. We appreciate your feedback!

<http://www.surveygizmo.com/s3/3961226/Webinar-Evaluation-January-10-2018-Orientation-to-IL-NET-Resources>

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