This is a message to the community shared by Lana Nieves, Executive Director at Independent Living Resource Center San Francisco (ILRCSF).

During the COVID-19 public health crisis, I urge all our friends and neighbors to follow the protocols put forth by the Centers for Disease Control and the Department of Public Health. You can follow our [Facebook page](https://www.facebook.com/ILRCSF/), where we’re posting updates and links to vital resources, as we receive them.

I want to assure you that ILRCSF is here for you. We are committed to continue providing information, support, and advocacy to San Francisco’s disability community. Our physical offices are closed, and staff are safely self-isolating, but we are working remotely, offering services by phone and email, and planning some virtual events in which we hope you’ll participate.

Our services are available from 9:30am - 4:30pm, Monday - Friday.

If you’re asked to leave a message, please do so, and we will contact you shortly.

Consumers from the Deaf community should use email to reach out to us.

To reach an ILRCSF staff member, dial our main number, below, and the extension which best suits your needs:

ILRCSF Main Number 415.543.6222

GENERAL INFORMATION AND REFERRAL   
Zohra Maiwand extension 1100   
[Zohra@ilrcsf.org](mailto:Zohra@ilrcsf.org)

VIRTUAL ACTIVITIES AND EVENTS   
Brianna Sendziak extension 1103   
[Brianna@ilrcsf.org](mailto:Brianna@ilrcsf.org)

BENEFITS, EMERGENCY RENTAL ASSISTANCE, AND ADVOCACY   
Bridgett Brown extension 1105   
[Bridgett@ilrcsf.org](mailto:Bridgett@ilrcsf.org)

GENERAL IL SERVICES, ADVOCACY and HEALTHCARE ACCESS in ENGLISH AND SPANISH   
Maria De Lourdes Richardson extension 1126   
[Maria@ilrcsf.org](mailto:Maria@ilrcsf.org)

GENERAL IL SERVICES AND ADVOCACY IN ENGLISH AND CHINESE   
Willia Tong extension 1127   
[Willia@ilrcsf.org](mailto:Willia@ilrcsf.org)

ASSISTIVE TECHNOLOGY AND NICK FELDMAN DEVICE LENDING LIBRARY   
Marisol Ferrante extension 1101   
[Marisol@ilrcsf.org](mailto:Marisol@ilrcsf.org)

LEGAL SERVICES (Including Housing)   
Brandie Sendziak extension 1116   
[Brandie@ilrcsf.org](mailto:Brandie@ilrcsf.org)

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