



Arizona Bridge to Independent Living (ABIL) Personal Assistance Services

PCA 5 Day Skills Evaluation

Client Specific

General

PCA Name:

Date:

(Use Last name, First name Format)

Consumer Name:

(Use Last name, First name Format)

Competent

YES	NO	HUMAN RELATIONS SKILLS:	
		1.	Knowledge of a variety disabilities or specific disability as applicable. What is the disability of the person you are working with?
Comments:			
		2.	Advanced directive/health care directive: Does the consumer have a DNR and do you know where it is located?
Comments:			

YES	NO	HOME MANAGEMENT SKILLS:	
		1.	Safe environment: (Rugs, cords, spills, etc) Have you checked the consumer's area to avoid injury?
Comments:			
		2.	Nutrition: Capable of monitoring special dietary requirements? Do you know what type of diet your consumer is on?
Comments:			

YES	NO		PERSONAL CARE SKILLS:
		1.	Knowledge in the prevention and recognition of pressure ulcers. Can you explain how to prevent and recognize?
Comments:			
		2.	Capable of providing safe transfers. Can you explain how you transfer your consumer?
Comments:			
		3.	Capable of providing safe transfers using a Mechanical lift. Can you explain how you transfer using a mechanical lift?
Comments:			
		4.	Capable of providing assistance with walking (ambulation). Can you explain how to assist a person walk safely?
Comments:			
		5.	Providing quality personal care i.e.:
			a. bathing
			b. dressing
			c. oral hygiene
			d. feminine hygiene
			e. skin care
			f. toileting
			g. keeping consumer dry
Comments:			
		6.	Can you explain ABIL's policies and procedures regarding bowel and bladder management?
Comments:			

YES	NO	PERSONAL CARE SKILLS:	
		7.	Can you explain ABIL's policies and procedures regarding medications?
Comments:			
		8.	Does your consumer use any assistive devices? If yes, explain.
Comments:			
		9.	Do you have the consumer's emergency contact and necessary information?
Comments:			
		10.	Do you know who to report changes to in consumer's health condition, hospitalizations, and changes in schedule and why it is important?
Comments:			

Comments:

Consumer Signature, PCA 5 Day Skills Evaluation

PCA Signature, PCA 5 Day Skills Evaluation

**Form Completed by:
PCA Supervisor**