New Community Opportunities Center at ILRU Presents...

**Building an Effective, Comprehensive CIL Youth Program**

April 10, 2012

*Presenter:*

David Hancox

Metropolitan Center for Independent Living
## MCIL Funding (from 2011 704 report)

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>(A) Title VII, Ch. 1, Part B Program Funds</td>
<td>$ 14,375.00</td>
</tr>
<tr>
<td>(B) Title VII, Ch. 1, Part C</td>
<td>$ 140,160.00</td>
</tr>
<tr>
<td>(C) Title VII, Ch. 2</td>
<td>$ 0</td>
</tr>
<tr>
<td>(D) Other Federal Funds (SILC ARRA; ARRA; IL/VR Collaboration)</td>
<td>$ 633,646.00</td>
</tr>
<tr>
<td>(E) State Government Funds</td>
<td>$ 345,901.25</td>
</tr>
<tr>
<td>(F) Local Government Funds</td>
<td>$ 0</td>
</tr>
<tr>
<td>(G) Foundations, Corporations, or Trust Grants</td>
<td>$ 0</td>
</tr>
<tr>
<td>(H) Donations from Individuals</td>
<td>$ 1,200.00</td>
</tr>
<tr>
<td>(I) Membership Fees</td>
<td>$ 0</td>
</tr>
<tr>
<td>(J) Investment Income/Endowment</td>
<td>$ 2,222.00</td>
</tr>
<tr>
<td>(K) Fees for Service (program income, etc.) (PCA, NHR, DLL)</td>
<td>$ 3,514,260.00</td>
</tr>
<tr>
<td>(L) Other resources (in-kind, fundraising, etc.)</td>
<td>$ 4,452.00</td>
</tr>
</tbody>
</table>
### MCIL Funding (from 2011 704 report), cont’d.

Total income = (A)+(B)+(C)+(D)+(E)+(F)+(G)+(H)+(I)+(J)+(K)+(L) \[ \$ \quad 4,656,216.25 \]

<table>
<thead>
<tr>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount of other government funds received as pass through funds to consumers (include funds, received on behalf of consumers, that are subsequently passed on to consumers, e.g., personal assistance services, representative payee funds, or Medicaid funds)</td>
<td>$ 2,521,849.00</td>
</tr>
<tr>
<td>Total Income (Section 4) &lt;minus&gt; amount paid out to Consumers (Section 5) = Net Operating Resources</td>
<td>$ 2,134,367.25</td>
</tr>
</tbody>
</table>
MCIL Staffing

- 37 program staff
  - 4 Administrative Staff
  - 9 Core Services Staff (includes 2 Youth Tran.)
  - 7 Disability Linkage Line Staff
  - 9 IL/VR Program Staff
  - 5 Nursing Home Coordination Relocation Staff
  - 12 Contract Staff
  - 1 ADA Specialist Staff
- 250 PCAs
MCIL Programs

• IL Skills Education
• Peer Mentorship
• Systems Advocacy
• Individual Advocacy
• Information, Referral and Assistance (DLL)
• Ramp/Home Modifications

• Youth Transition
• IL/VR Collaboration
• Nursing Home Relocation Coordination
• Veteran’s Services (Ramp and Mentorship)
• PCA Services
• ADA Technical Assistance and Education
<table>
<thead>
<tr>
<th>Service</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advocacy/Legal Services</td>
<td>649</td>
</tr>
<tr>
<td>Assistive Technology</td>
<td>42</td>
</tr>
<tr>
<td>Communication Services</td>
<td>3</td>
</tr>
<tr>
<td>Counseling &amp; Related Services</td>
<td>17</td>
</tr>
<tr>
<td>Housing, Home Mod., &amp; Shelter</td>
<td>56</td>
</tr>
<tr>
<td>IL Skills and Life Skills</td>
<td>378</td>
</tr>
<tr>
<td>Information &amp; Referral and Assistance</td>
<td>40,168</td>
</tr>
<tr>
<td>Peer Counseling</td>
<td>189</td>
</tr>
<tr>
<td>Mobility Training</td>
<td>3</td>
</tr>
<tr>
<td>Personal Assistance Services</td>
<td>120</td>
</tr>
<tr>
<td>Transportation Services</td>
<td>9</td>
</tr>
<tr>
<td>Youth Services</td>
<td>248</td>
</tr>
<tr>
<td>Vocational Services</td>
<td>1,471</td>
</tr>
<tr>
<td>Recreational Services</td>
<td>9</td>
</tr>
<tr>
<td>Nursing Home Relocation</td>
<td>155</td>
</tr>
<tr>
<td>Other Services</td>
<td>104</td>
</tr>
<tr>
<td>Family Services</td>
<td>10</td>
</tr>
<tr>
<td>Mental restoration</td>
<td>1</td>
</tr>
</tbody>
</table>

Total: 43,517
What Is “Youth Transition”? 

Individual Plan for seeking Independence

- Employment
- Post Secondary Education
- Home Living
- Community Participation
- Recreation And Leisure
Purpose of Youth Transition

- Essentially, the purpose of Youth Transition is to ensure that the young adult will gain the skills, knowledge and interagency relationships that they may need to establish their long-range goals for their independence after high school.
MCIL Youth Transition Program

Driven To:

• Assist young adults with disabilities, to make a successful transition from high school to post-secondary education, employment and independent community living.
MCIL Youth Transition Program, cont’d.

• It is about putting the pieces in place that a young adult may need to accomplish their dreams and lifelong happiness.
Funding and Supports

• Finding funding can be difficult... where to look?

• Originally, c. 1990, the MN CILs received separate individual funding from MN Department of Education (DOE).

• In 1993, citing a lack of documentation, the DOE cut funding, but agreed to temporary funding.
Funding

- In legislative year 1994, the Minnesota Senate Education Finance Committee allocated $250K, with the requirement that the funds be transferred to Vocational Rehabilitation (VR).

- Beginning in SFY 1995-96, the $250K was included in our core service allocation.
Beginning in 1994, MN CILS received a separate appropriation of $250K specifically for Transition Services.

Currently, the eight MN CILs receive a total of $2.6 million collectively.

These dollars are now blended with our federal allocation, with no distinct separation of the dollars but with an understanding that Youth Transition will be a funded program.
MCIL’s Operation

Limited staff resources

– MCIL currently employs two individuals dedicated specifically to Youth Transition services.

– Additionally, other staff intermittently respond to Transition requests.
MCIL’s Operation, cont’d.

• Select site “relationship building”

• Select 4 school programs where we insert MCIL Transition Staff for four full days per week.

• We also utilize specific web-based tools to build the Transition Program.
MCIL Youth Transition Services

Workshops
- Interpersonal Development/Self esteem
- Effective Self-Advocacy
- Being an Effective IEP Team Member
- Others
MCIL Youth Transition Services, cont’d.

IL Skills Classes
● Cooking Classes
● Meal Planning
● Healthy Relationships
● Living Well with a Disability
● Money Management Skills
● Other
MCIL Youth Transition Services, cont’d. 2

- Participation in student IEP Meetings and other general IEP assistance
- Web based online discussion boards
- Transition with Technology
- General Information, Referral and Assistance (IR/A)
More Information

Contact:
David Hancox
Executive Director (davidh@mcil-mn.org)
Or
Nicholas C. Wilkie (nickw@mcil-mn.org)
Transition Specialist

MCIL
1600 University Ave. West #16
St. Paul, MN 55104
651.603.2018 phone/fax
Purpose of the Project

This program is part of a series of trainings and other activities provided to the IL field by the New Community Opportunities Center at ILRU. The project’s purpose is to assist CILs in developing self-sustaining programs that support community alternatives to institutionalization for individuals of any age, and youth transition from school to post-secondary education, employment, and community living.
This training is presented by the New Community Opportunities Center, a national training and technical assistance project of ILRU, Independent Living Research Utilization. Support for development of this presentation was provided by the U.S. Department of Education, Rehabilitation Services Administration under grant number H400B100003. No official endorsement of the Department of Education should be inferred. Permission is granted for duplication of any portion of this slide presentation, providing that the following credit is given to the project: Developed as part of the New Community Opportunities Center at ILRU.