

# IL-NET

CIL-NET · SILC-NET

## Empowering Persons with Psychiatric Disabilities: The Role of the Peer Model in CILs

*Large Group Discussion:  
Philosophical Reasons to Get Involved*

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# Philosophy

	Rehabilitation	Independent Living	Recovery
<b>Definition of Problem</b>	Impairment/Lack of skill	Dependence on professionals, etc.	Trauma, extreme emotional distress
<b>Locus of Problem</b>	In Individual	In the environment, rehabilitation process	In the environment, people causing trauma
<b>Solution/ Supports</b>	Professional intervention	Peer counseling, advocacy, self-help, consumer control & barrier removal	Move from clinical to Life Coaches & peer support
<b>Self-help Centers</b>		Independent Living Centers	Consumer-run Recovery Centers
<b>Identity/Social Role</b>	Patient/client/diagnosis	Consumer (person first not disability)	May be peer, consumer, survivor, ex-patient (Person first not disability)
<b>Locus of Control/ Advocacy</b>	Doctor/Other professional	Consumer (Nothing about us without us)	Person (Nothing about us without us)
<b>Principles</b>	Follow treatment plan	Consumer-control & Choice	Self-determination & Choice
<b>Desired Outcome</b>	Rehabilitation (Maximum ADLs, Gainful employment)	Independent Living	Recovery

Adapted from DeJong, Independent Living: From Social Movement to Analytic Paradigm (1979)

# CIL-NET Attribution

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