

## Independent Living Research Utilization

*We create opportunities for independence for people with disabilities through research, education, and consultation*



**Independent Living Research Utilization**

**[www.ilru.org](http://www.ilru.org)**

**IL-NET**

CIL-NET · SILC-NET



***Get to the Core of It:  
Information & Referral***

**June 21, 2017**

**Presenters:**

**Darrel Christenson**

**Roger Howard**

## Session Objectives

- Explain critical role of I&R as gateway to providing CIL consumers with information, knowledge, and resources in an efficient and responsive manner.
- Describe strategies to organize, track, and maintain comprehensive and extensive resource information on numerous disability-related topics.
- Describe best practice policies, procedures, and staff training that result in highly effective interactions with consumers.
- Describe how to conduct follow up with consumers to determine effectiveness of the CIL's I&R service delivery.

## Why is I&R a Core Service?

- A primary means to promoting consumer empowerment.
- Supports an individual's capacity for self-reliance and self determination.
- "Education, affirmation, collaborative planning, and problem solving" – *AIRS*
- Provides a road map for navigating complex and confusing systems.

# I&R Core Service: The Human Approach – The First Point of Entry



Consumers contact I&R Specialist for:

- Programs and services offered by their CIL
  - Independent Living Skills
  - Advocacy
  - Peer Support

# I&R Core Service: The Human Approach – The First Point of Entry, cont'd.



- Resources offered within the community
  - Housing
  - Employment
  - Financial Assistance
  - Healthcare
  - Personal assistance services
  - Assistive technology
  - Durable Medical Equipment

## Customer Service

- For an I&R Specialist to succeed at providing relevant information, they must possess not only knowledge, but also customer services skills.
- Know what you can and cannot do for the consumer.
- Know your boundaries/parameters – it's ok.
- Let them down easy.

## Listening Skills

- Listen and understand the consumer's issues.
- Let the consumer speak without interruptions.
- Be nonbiased with your suggestions.

## Communication Skills

- Relay information clearly and concisely to consumers over the phone.
- Have good written skills for consumers who choose to communicate by email or TTY.
- When face-to-face with consumer, show proper body language that is consistent with the matter at hand.

## De-escalation / Crisis Management

- Do not take matters personally.
- Let consumer vent without interruptions.
- Make sure consumer knows that you are there to help him/her to navigate the system and/or facilitate, as appropriate.
- Utilize other resources around you.
- Offer to follow-up at a later date.

# Time Management & Prioritizing Responses

- Establish routines and stick to them as much as possible.
- Get in the habit of setting time limits.
- Utilize a day planner or Outlook Calendar to schedule events and follow-up calls.
- Keep resources close at hand so you don't waste time searching.

## Prioritizing Responses

- Consider consumer's needs.
- Look at their deadlines.
- What resources are available at that moment?
- Is there another team member who can assist?
- Keep your day planner/calendar close by to avoid overlapping of tasks.
- Don't forget your other consumers.

## Follow Up and Consumer Relationships

- Timely follow-up and call backs are simple ways to show you care and value them as a consumer.
- Follow-up can earn you additional open consumers, which means additional agency revenue.
- How do you feel when a business you solicited from follows-up with you?

## Ability360 [www.ability360.org](http://www.ability360.org)

- Martha Macias – Information & Referral Program Coordinator  
(602) 296-0536 or: [martham@ability360.org](mailto:martham@ability360.org)
- Darrel Christenson – VP of Community Integration,  
(602) 296-0530 or: [darrelc@ability360.org](mailto:darrelc@ability360.org)



## Questions and Answers

If you have questions, we have answers (and/or referrals)?

# I&R as a Core Service: The Art and Science of Connecting People & Resources



## The Nuts and Bolts of I&R include...

- Record Keeping and Data Management
- Information Resource Management
- Policies and Procedures
- Shared Responsibility Among Staff versus Dedicated Staff Position
- Community Collaborations

## Record Keeping and Data Management

- Helps ensure accountability.
- Facilitates long-term planning and resource allocation.
- Identifies possible systems advocacy issues.
- And: can provide verifiable data for funding requests, grant proposals, and policy initiatives.

## Examples

- 23 referrals to Energy Assistance but only 6 received assistance (accountability).
- Increased contacts for transportation resources after the only accessible taxi is gone (planning & resource allocation).
- 10 calls regarding lack of effective communication for medical appointments (systems advocacy!).

# LINC I&R Form



## LINC Information & Referral

|                         |              |
|-------------------------|--------------|
| <b>Name</b>             | <b>Date</b>  |
| <b>Address</b>          | <b>Phone</b> |
| <b>City, state, zip</b> | <b>Email</b> |

| Info Requested                  |   |
|---------------------------------|---|
| <input type="checkbox"/>        | Advocacy/Legal,(ADA, Accessibility, Benefits)                                   |
| <input type="checkbox"/>        | Assistive Tech  |
| <input type="checkbox"/>        | Children's Services   |
| <input type="checkbox"/>        | Communication Services  |
| <input type="checkbox"/>        | Counseling & Related  |
| <input type="checkbox"/>        | Disability Info   |
| <input type="checkbox"/>        | Family Services (Emergency Resource, Senior Info)                               |
| <input type="checkbox"/>        | Health Care/Rx  |
| <input type="checkbox"/>        | Housing, Home Mod., Shelter Services  |
| <input type="checkbox"/>        | IL Skills & Life Training   |
| <input type="checkbox"/>        | Information & Referral (Case Manager/TSC, Cash Assistance, Finance Info, Payee) |
| <input type="checkbox"/>        | Mental Restoration  |
| <input type="checkbox"/>        | Mobility Training Services  |
| <input type="checkbox"/>        | Peer Counseling/Support   |
| <input type="checkbox"/>        | Personal Assistance (Attendant Program)   |
| <input type="checkbox"/>        | Physical Restoration  |
| <input type="checkbox"/>        | Preventive Services   |
| <input type="checkbox"/>        | Prostheses, Appliances  |
| <input type="checkbox"/>        | Recreation Services   |
| <input type="checkbox"/>        | Rehabilitation Tech   |
| <input type="checkbox"/>        | Therapeutic Treatment (Support Groups)  |
| <input type="checkbox"/>        | Transportation  |
| <input type="checkbox"/>        | Vocational Services (Education, Training, Employment)                           |
| <input type="checkbox"/>        | Youth Services  |
| <input type="checkbox"/>        | Other:  |
| <b>Follow up on bold issues</b> |   |
| <b>DID</b>                      | <input type="checkbox"/> <b>Did not</b> <input type="checkbox"/>                |
| <b>DATE</b>                     | _____   |

**Contact type:**  
(Circle the appropriate one)

**PERSON WITH DISABILITY**

Cognitive  
Mental/emotional  
Physical  
Hearing  
Vision  
Multiple Disabilities  
Other

**OTHER**

**Referred by:**  
\_\_\_\_\_

**Referred to:**  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Would you like to be included in our:**

**Mailing list?**  Yes  No

**Email distribution list?**  Yes  No

**RELATED INFORMATION**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**MATERIALS SENT**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Don't forget to ask:**

Did you get what you need from us?  
**Yes** **no**

What type of AT equipment is being requested that we do NOT have?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# Information Resource Management

- Develop and maintain accurate resource lists.
- Catalog documents, publications, DVDs, etc.
- Web-based resources – consumer desk with accessible work station and assistance available.
- Accessible formats.

## Catalog Example

- ADA Title II
  - ADA Accessibility Guidelines
    - Common Problems in New Constructions (Hotels, for example)
  - Databases searchable alphabetically, type of service, geographic area, eligibility, etc. Cross-Referenced!

## Another Catalog Example: Accessibility

- ADAAG
- Fair Housing Standards
- Visitability
- ANSI Standards
- Building Codes
- Universal Design

## Policies and Procedures

- Information Provision
- Referral Provision
- Crisis Intervention
- Cooperative Relationships
- Promotion and Outreach
- Follow-up
- Disaster Preparedness

# Shared versus Dedicated Staff Responsibility



## Shared Approach

- Can be more flexible
- Empowers all staff
- Can lead to inconsistent customer service

## Individual Approach

- Can be more Specialized
- Can free up and support other staff
- When is an I&R *more* than an I&R?

## Community Collaborations

- 211
  - General I&R versus I&R specific to disability issues
- ADRCs
  - Information and assistance on long-term support options
- Other I&R Providers
  - Other resources and databases

# Living Independence Network Corporation (LINC) Contact Information



- [www.lincidaho.org](http://www.lincidaho.org)
- Roger Howard, Executive Director
- (208) 336-3335 or: rhoward@lincidaho.org



## Questions and Answers

If you have questions, we have answers (and/or referrals)?

## I&R Resources

- [www.airs.org](http://www.airs.org) – Standards for I&R
- <http://www.ilru.org/> – Forms, Policies, Procedures, resources, training materials
- Local and regional Alliances, 211

## Wrap Up and Evaluation

Please *click the link below* to complete your evaluation

of this program:

<http://www.surveygizmo.com/s3/3535509/CIL-NET-Webinar-Getting-to-the-Core-of-it-Information-and-Referral-June-21-2017>



## CIL-NET Attribution

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